Modern Short Tales For Adults About the Wolf and, Especially, the Sheep

A Biophysicist's 725 Directives for the Unconquered Mind.

By Arik Hart

I have seen the world through the lens of a scientist and the eyes of a survivor.

I was born in the Soviet Union, a system that promised utopia and delivered collapse. I lived through the winters of 1991 to 1993 in Armenia, years without electricity, gas, or food, where the silence of a housing complex meant that the elderly within had succumbed to the cold.

I have seen the Soviet Union and its downfall, the post-Soviet Armenian state upheavals, and the United States up close for the last 26 years.

As a biophysicist, I solved a substantial problem in the mechanism of blood circulation. As a citizen of the 20th and 21st centuries, I have studied a different kind of circulation: the movement of power, the anatomy of lies, and the predictable behavior of humans as a herd.

The directives in this book are observations of a scientist who witnessed empires' fall, nations' bleeding, and new "messiahs" leading human-sheep to the same slaughterhouses across different continents.

This book is designed to help you separate essence from form, and methodology from ideology. It is a guide for those who find themselves in harsh social conditions and for those who wish to avoid the "scum" of idiots and maniacs that modern society produces in abundance.

This book is a diagnostic tool for reality and a manual for the sovereign individual. If you want a book that will make you uncomfortable enough to grow, this is it.

Most books tell you what you want to hear. This one wakes you up and directs you to act and win.

How did I write these directives? Over the past 15 years, I have been active on Facebook, keeping up with Armenian and global politics. I have collected many of my thoughts on Facebook, which, of course, included anger over my national history, the current state of criminal politics in Armenia, and my vision of current events locally and globally. These thoughts differ in subject and theme and are ordered not by means or subject, but by length.

Now, my life philosophy is the following: I have managed to keep myself away from the idiots, maniacs, and "genius" people who are so abundant nowadays. I will do my best to avoid them during my senior years.

The reader may find several descriptions of the same idea that depict different shades and aspects.

P.S. All pictures serving as bookmarks are taken from the public domain and open sources.

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Arik Hart (pseudonym)

In memory of my dear wife, Karina Bakunts

1. As long as you rely on others, your downfall will continue.

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2. A society denying the truth is an eternal child.

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3. There is no more powerful lever than intuition.

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4. Everybody fools himself in his way.

***

5. An ignorant nation is unfit for victory.

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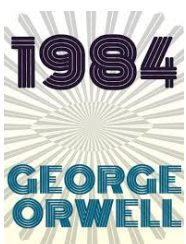


6. To become equal, one must climb up.

***

7. I know many former men.

***

8. A self-critic will never self-destruct.

***

9. Tyrants rule as long as their servants allow it.

***

10. The hero is not the talker but the doer.

***

11. Royals should be seen but not heard.

***

12. Groundless optimism is a fanatic religiosity.

***

13. Nobody is perfect; just some are better.

***

14. What you allow/endure/ that will continue.

***

15. The main tool of a politician is demagoguery.

***

16. Defeat your share in the mob!

***

17. Humanity lives in forms but not in essence.

***

18. Politics is not by desire but by force.

***

19. Beauty is an essence and a form.

***

20. If you think you are a pawn, you are a pawn.

***

21. Real politics has everything except stupidity.

***

22. Excess details distort the whole picture.

***

23. Idiots, not devils, create hell.

***

24. Capitulation never happens with drums.

***

25. Unlike the essences, forms live in harmony.

***

26. Honesty is a two-way road, not a dead end.

***

27. If shame is absent, life turns into a theater.

***

28. People write through reading.

***

29. An average person is mediocre in everything.

***

30. Do not judge the one you are no better than.

***

31. Want a better country? Become a man yourself.

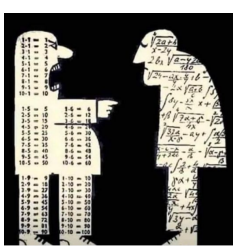
***

32. All in a herd are sheep.

***

33. Fear turns people into monsters.

***



34. In an environment packed with lies, the truth is dying.

***

35. Methodology, not ideology, is essential for victory.

***

36. Every positive or negative has an acting "owner.

***

37. Brains solve problems, while the wrist is just a tool.

***

38. Blaming the predator is a herbivore mentality.

***

39. The eye is for looking, while the brain is for seeing.

***

40. A person is identified best by what they value most.

***

41. No tropical plants grow in the desert. Period.

***

42. Explaining something to a fool changes nothing.

***

43. Any tyrant is the puppet of a masochistic society.

***

44. Flattering in front of a fool is shameless inferiority.

***

45. A nation must strive for modernity to live in prosperity.

***

46. The worst goat will lead the whole herd of sheep.

***

47. To see nearby, one must look behind the visible.

***

48. Rewriting history for contemporary goals is a crime.

***

49. Abolish punishment, and statehood will disappear.

***

50. Each country has its own lies, madness, and myths.

***

51. If you have no alternatives, be ready for misery.

***

52. Eventually, time converts everything into trash.

***

53. Respect is like power – it can't be granted, only gained.

***

54. The speaker and the listener are not different people.

***

55. The brain is the most effective tool; make it work.

***

56. Often, the problem is not the enemy but your fear.

***

57. People dream of the impossible to do what is possible.

***

58. You were born a man - be a man, not a servant.

***

59. Big money generates big bandits and servants around.

***

60. To live a life of dignity is to resist, succeed, and win.

***

61. The big result of a small mind is dazzling pride.

***

62. A spoken half-truth is the self-portrait of a villain.

***

63. The enemy is not to be blamed but to be fought.

***

64. Nowadays, charity is the makeup of a cruel society.

***

65. Production is not done by money but by brains.

***

66. The blind can be a leader, but the deaf – never.

***

67. Dictatorship is based on people's voluntary silence.

***

68. The state does not need heroes; it needs citizens.

***

69. In politics and life, nothing is given; it is taken.

***

70. You can land and walk but can't live on the moon.

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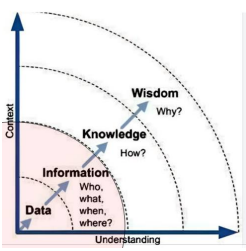


71. America is first a way of thinking, then a way of life.

***

72. To do things, you need to know the methodology of doing it.

***

73. Nations, not comprehending the essence of war, decline.

***

74. Give a microphone to a cockroach, and it will speak seriously.

***

75. Experience is through age, while brightness is only from birth.

***

76. The path of the least dangerous is the path to the worst.

***

77. By going from bad to worse, expect the graveyard soon.

***

78. The worst meanness is to take the side of a mean person.

***

79. Democracy is personal-intuitive but not social-intellectual.

***

80. Any comparison is valid within the limits of meaningfulness.

***

81. Seeming smart is more important than being smart in politics.

***

82. To become a man, you should have met determined men.

***

83. It is impossible to avoid misery at the expense of dignity.

***

84. By tolerating inhumane, we put ourselves out of the humane.

***

85. People live and advance by copying from the advanced others.

***

86. Humanitarians rule the country, while technocrats build it.

***

87. It is hard, to tell the truth, but even more difficult to tolerate it.

***

88. Smart people perfectly fool around, but fools can't even fool.

***

89. Knowledge is power; power is nothing without knowledge.

***

90. You survive in others' environments but live with yourself.

***

91. It isn't decent to counterfeit cowardice with misunderstanding.

***

92. Any fanaticism is anti-humane, while political fanaticism is fascism.

***

93. Even an angel must be punished if it breaks the allowed limits.

***

94. The world progresses by Don Quixotes, but not by Sancho Panzas.

***

95. Whenever you end learning, your destruction begins.

***

96. I do not know a higher quality for a man than fair-mindedness.

***

97. Every authority is only possible with surrounding puppets.

***

98. A wrong person usually is wrong in many issues, not just one.

***

99. The truth also has an appropriate dose. If in excess, it may kill.

***

100. Brave talk often is not a sign of bravery but deceitfulness.

***

101. Teeth aren't enough for biting; also, brains are necessary.

***

102. In politics, demand is useless if there is no force behind it.

***

103. We all are humans, i.e., each of us is uniquely abnormal.

***

104. Man must have the courage to declare his enemy right.

***

105. Be opposed to the government if you want to live in dignity.

***

106. We need much less than what we are fighting for every day.

***

107. To be a "white crow," you have to have the skin of a hippo.

***

108. The big world is already governed solely by money, not laws.

***

109. One stubborn person is better than thousands, devoid of will.

***

110. There are no prophets in their own country, only saints.

***

111. If the brain is missing, no other organ can do the brain's job.

***

112. Give power to the hungry, and he will destroy the power first.

***

113. The state stimulates with money; the rich enslave with money.

***

114. Rifle gives birth to power- balaclava gives birth to freedom!

***

115. History is for learning and gaining insight, not fooling around.

***

116. Political problems are not emotional but intellectual- logical.

***

117. The only strategic weapon in the present age is demography.

***

118. If others take you as sheep, check that you are not in the herd.

***

119. Everyone in the madhouse speaks their own mad language.

***

120. Power should not be by force but by the brain, principle, and will.

***

121. If everything was regulated, life would not be on earth today.

***

122. Sovereignty is, first of all, disciplined power over your people.

***

123. To restrain a foreign enemy, you must be in permanent war with the domestic foe.

***

124. A nation first dies inside a person; then, it disappears from the map.

***

125. Experts decide how you will live. Politicians, will you live?

***

126. Anyone who does not distinguish the theoretical from the personal should be ignored.

***

127. Before accusing others, be sure that you are not fooling yourself.

***

Remember, the only person responsible and guilty for yourself is you.

***

128. The weaker you are internally, the uglier will be your enemy externally.

***

129. It is comfortable sitting in the shade but miserable living in the shadow.

***

130. I readily accept a cocky person, but hardly the ones who admire him.

***

131. Being pro-governmental already has inferiority, falsity, and dishonesty in it.

***

132. The most dreadful people are the ones that are built by your mind.

***

133. From glancing to seeing, there is a lag, which is zero for geniuses and eternity for fools.

***

134. Without exploiting the fear of war, no ruler can enslave his people.

***

135. It is senseless to expect civility from everybody, it is sufficient to express your civility.

***

136. If you feed on information instead of knowledge, be prepared for misery.

***

137. The main feature of a small person is that he does not see things bigger than himself.

***

138. In order not to be robbed, you must resist and defeat the criminal, and not blame him.

***

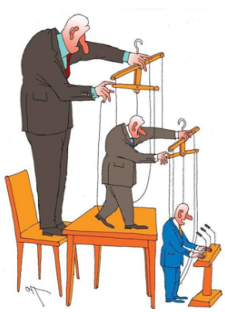
139. Dictatorship is the result of an ignorant society, regardless of who the dictator is.

***

140. People relate to each other through shared knowledge and help each other professionally.

***

141. If a clergyman tolerates the devouring of his congregation, he is also one of the wolves.



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142. If dignity is removed from a person, the remainder is not human.

***

143. Entitlement is an unowned club. Whoever takes it becomes the owner.

***

144. The first foundation of a dignified life is people's acceptance of the truth.

***

145. Examine a leader's political methodology, not his ideology or promises.

***

146. Boys become men only if the environment can shape a man.

***

147. It is shameful to marionette between billionaires fighting for fortunes cheaply.

***

148. Want a decent tomorrow? Reject the presently bad with more determination.

***

149. It is impossible to advise people against their will but easy to manipulate against their will.

***

150. A police state isn't ruled by police but by people who obey the police.

***

151. Whenever history repeats itself, the foolishness of the participants grows.

***

152. A wise person never becomes self-conceited because wisdom suppresses the ego.

***

153. Education brings a person to conformity with time and society.

***

154. Heroism is primarily an act of personal bravery, not of a group or society.

***

155. It is not a shame to lose to the enemy but utterly disgraceful to yield to manipulators.

***

156. Both the truth and deceit lose value because of a wrong messenger.

***

157. For the spoiled society, the man is to be blamed, not the woman.

***

158. It is impossible to fight against only the visible part of an iceberg.

***

159. When your generation passes away, you are left facing only the past and the future.

***

160. With the passing away of a generation, the world of that generation also passes away.

***

161. Drama and comedy are unified in small and provincial localities.

***

162. A tyrant can't operate without devoted subordinates and the parties- without zombies.

***

163. In the wars, people are murdered by shooting. In civil life- by brainwashing.

***

164. From the question's quality, the author's essence can be revealed.

***

165. The only remedy against chronic misunderstanding is disregard.

***

166. The government's primary concern is its reproduction, no matter its quality.

***

167. Knowing reality, considering it, and living in it are three different tasks.

***

168. Even being a boss, but under the burden of circumstances, is a misery.

***

169. The more a bastard gets concessions, the uglier the truth becomes.

***

170. Betrayed are the "weak," while the "strong" are acknowledged.

***

171. A man with no money was a bad listener and observer by default.

***

172. The cowardliness of politicians was exotic before but it is a requirement now.

***

173. The sense of truth and honesty towards it must not depend on circumstances.

***

174. Chosen from a pool of idiots will be an idiot, even repeated endlessly.

***

175. Justice between the rich and poor is carried by laws written by the wallets of the rich.

***

176. It is wrong to think that the ruler and the ruled live different lives.

***

177. If you are thriving thanks to your weaknesses, be ready to face consequences.

***

178. Betrayal is cheap because that market is always the buyer's market.

***

179. Big bastards charge big, while the small ones serve at minimum wage.

***

180. Women gossip about other women, men- about the leaders of other countries.

***

181. A contemporary man is hungry by his ill-minded eyes, not urges from the stomach.

***

182. Smart nations are gaining power while the ignorant are degrading through wealth.

***

183. The denial of civil obedience leads to self-destruction.

***

184. The enemy has no nationality since the first ground of hostility is the personal sake.

***

185. The primary source of governmental misconduct is the lack of punishment by people.

***

186. The first prerequisite of intelligence is accepting and honoring other intelligence.

***

187. A state is determined not by territory and population but by ambition and brain.

***

188. By counterfeiting logic with patriotism, the result will be demagoguery.

***

189. Most people speak to be understood. But there are speakers whose aim is to be noticed.

***

190. Current wars are fights of the rich for money at the expense of the poor.

***

191. We are hardened to cope with inhumane but often unable to act humanely.

***

192. A person sees by his eyes, hears by his ears, but grasps by others' conduct.

***

193. The big happiness of a small man is in his unawareness of being such.

***

194. As I understand it, SOB-ness is transmitted by the Y chromosome.

***

195. Political entities do not convince each other but use levers to pressure and force.

***

196. The quality of the monster doesn't matter. What matters is who the challenger is.

***

197. The closest creature to the man fed by mass media is not the monkey but the sheep.

***

198. Everybody has the right to criticize a public figure, even a convicted criminal.

***

199. Humanity has progressed via victories, not by avoiding challenges.

***

200. Permanently being in the majority is a sign of personally being weak but deceitful.

***

201. The world is much broader than we can see and much deeper than we can imagine.

***

202. Personal arrogance is the product of a tiny brain—national arrogance- of national ignorance.

***

203. It is inappropriate to speak about non-serious seriously, in kind words and manners.

***

204. Tactical weaponry in political history was money, but strategic weaponry – birthrate.

***

205. Optimism in politics equals playing poker with closed eyes and open cards.

***

206. Unchecked optimism, if it is not faked, is a reliable indicator of brainlessness.

***

207. If you cannot tell the truth, you are oppressed personally and publicly.

***

208. Political issues accumulate over the years but get solved within moments.

***

209. People create the environment. In turn, the environment creates people.

***

210. Any endless progress in a limited space leads to the crash of the whole system.

***

211. Only when you are ready to accept the truth from the enemy, you can act objectively.

***

212. The impossible should be discussed for the possible to be accomplished.

***

213. For progress, humanity has no other tool than respecting the truth.

***

214. Only brave, dignified, conscientious people can rebel, but never the mob.

***

215. Don't envy; respect other people. You have your advantages; be satisfied with them.

***

216. We expect heroism from everybody, while only simple humanness and civility are sufficient.

***

217. There is always a way to deceive a person unprepared for deception.

***

218. The government gets reformed from the top; the society – from the bottom.

***

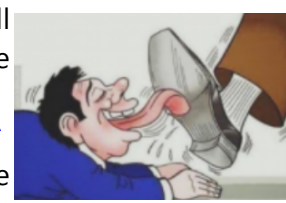
219. The brain doesn't need to be saved – the harder it works, the healthier it becomes.

***

220. In politics, not only demagoguery but also ignorance has become a way of living.

***

221. In an artificial, fake reality, heroes, antiheroes, and all antipodes are the same waste,



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222. The basis of justice is the fear of lynching. No court can be effective without it.

***

223. Many youngsters think that the historical chronology begins with their birthday.

***

224. No lawless government is possible without endless tolerance of the people.

***

225. When idiots go into politics with their "rescue" ideas, then war is not far off.

***

226. If your memory is bright, also having a brilliant brain is a luxury.

***

227. Humanity doesn't live with guarantees but with bravery, logic, will, and decency.

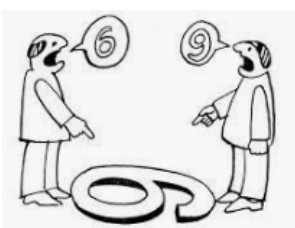
***

228. The public's task is to elect smart and capable, not the other way around.

***

229. Ignorance is the most potent factor moving subjects to individual, national, and state graves.

***



230. The first and utmost problem of an ordinary authority is valuing the specialist.

***

231. Reality is multi-facial, and the truth is the most striking of all faces.

***

232. Before the homeland, the man stands because he is the builder of the homeland.

***

233. I do not know winners achieving victory through peace, or begging about it.

***

234. An intellectual's first duty is to appreciate and cherish another intellectual.

***

235. I have noticed that talented, extraordinary people are also outwardly beautiful.

***

236. Wisdom is the knowledge and vision accumulated by an inborn, intelligent person.

***

237. The fate of a nation depends on who it listens to, appreciates, and honors.

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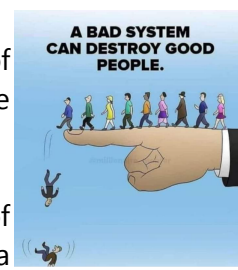


238. The first sign of normality is treating people with humor and modesty.

***

239. The current clash of civilizations that started as a theater script may end up in nuclear suicide.

***

240. A man-made serious situation is a result of the activity of non-serious people.

***

241. The map is the living place of the present people, the globe of generations.

***

242. The most dangerous insanity that does not require a straitjacket is arrogance.

***

243. The states are being created by the will of great people and destroyed by human trash.

***

244. Everyone knows everything, but just a few really know something.

***

245. People interact with value systems and mindsets but not with the common language.

***

246. Look at the faces of the officials today to see the country's future.

***

247. Civilization is passed on to generations, not from parents, but from grandparents.

***

248. The number one problem for the public is to eliminate the slave, not the master.

***

249. A fairy tale is for reading, understanding, and making conclusions, but not for living in it.

***

250. When unwillingly accepting somebody's favors, wait for what you will voluntarily concede.

***

251. It takes brains to understand complicated things but courage to follow the simple.

***

252. With millions of participants, the political arena is no longer a theater but a cheap show.

***

253. A person with dignity cannot understand what is in the mind of an unworthy person.

***

254. Arrogance moves other negative qualities of the person into the background.

***

255. In addition to minimal talent, immense taste is necessary for creating.

***

256. Saved money results from personal work, while immense wealth results from others' work.

***

257. There are no people in hell; everyone is a devil lighting a fire under each other.

***

258. Do you want a country and a prosperous life? Take part in the processes personally.

***

259. Intelligence is written on a person's face. And only other intellectuals can read it.

***

260. Neither nation nor state can exist with the beggar's psychology.

***

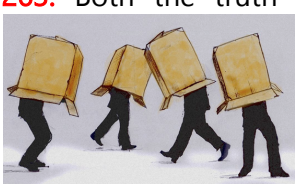
261. Lying is defensive, while faking is an attack to mislead and disarm the other person.

***

262. Separate the important from the secondary, and you will understand the most complex.

***

263. Both the truth and lie are losing value depending on the deliverer.



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264. The strong never face fateful decision-choices; that is the everyday life of the weak.

***

265. A person erases his previous positive steps with every new negative step in his life.

***

266. Even an inborn genius remains a little man in a dull environment.

***

267. Deadly mistakes are followed by death, not by a saving miracle.

***

268. You are in the wrong place if you have to confirm the truth with cunning.

***

269. Human weakness is not forgiven; it comes back like a boomerang and destroys.

***

270. Every human being lives in his world. And it's bigger than the whole world.

***

271. The state is just a property of one, a group, many, but never of all.

***

272. Do not demand from somebody more than what was granted by nature.

**

*

273. A winning policy is a profitable process first, then a goal accomplished.

***

274. No victorious nation has neither saviors nor national theoreticians, but it has statesmen.

***

275. An essential quality of a sober person's intelligence is the inner harmony of his thoughts.

***

276. Be ready for treason, even from your loved ones, to overcome it.

***

277. Read the intellectual legacy left by the great ones, but follow your principles, not their slogans.

***

278. Trust not the devoted but the smart. Even if he/she is a traitor, they will not bring great harm.

***

279. Having the school globe in mind is a must when discussing world problems.

***

280. A woman is the creator of a family, a man of a state, and a patriot of hell.

***

281. Unreasonable optimism about tomorrow is a way of ruining the future.

***

282. If the angel remains without opposition, he will become a devil one day.

***

283. Regional wars with multiple participants are never waged for money but for a better position.

***

284. When there is no norm standard, the abnormal becomes the norm.

***

285. The problems of humanity are solved by specialists, not by politicians.

***

286. Humanity developed by restraining, isolating, and destroying internal scum

***

287. The most potent way to destroy a person is money, then power.

***

288. In politics, it is not the mind that decides but the interests and the will.

***

289. Experience is through age, but intelligence is only through genes.

***

290. There are people with millions of copies and unique people. It is senseless to be a copy.

***

291. The liar can tell the truth sometimes, but the demagogue- never.

***

292. Public ignorance destroys man first, then his environment, and finally the state, if it still exists.

***

293. Reality is not what public opinion says but what the majority does.

***

294. As a rule, people tend to ignore knowledge and reality in favor of self-deception.

***

295. The principle is the invisible spine, without which the being is not human.

***

296. The countries are "externally respected" only when their people are "internally" respected.

***

297. Narcissism and mockery eventually degrade the man into nothing.

***

298. The conditions in a country are the ones that are allowed by its ordinary citizens.

***

299. Democracy is an agreed solidarity of predators against herbivore. Don't be a herbivore.

***

300. To learn, one must be modest in respecting and accepting the other's prevailing knowledge.

***

301. I look at the faces of global problem solvers, and I hate globally.

***

302. If you can't take advantage of your victory, you surely will lose to the next competitor.

***

303. In critical circumstances, not your rights and interests but your whims must be given up.

***

304. A small guy is just dull, but the one pretending to be great is a nightmare.

***

305. Relying on a hero is a definite testimony of personal helplessness.

***

306. The rescued by the hero will easily be enslaved again by the first met villain.

***

307. There is a limit of humility beyond which the human is missing.

***

308. Act separately in pursuing your interests, and be united when in danger.

***

309. A man becomes a monster because of the other's tolerance – period.

***

310. Your life goes according to your desires; the nation's life runs according to others' desires.

***

311. The criminal is the hero of the literature and often the decision-maker in politics.

***

312. Those criticizing Social Darwinism know neither social aspects of life nor Darwinism.

***

313. In politics, the opposite pole of truth is often interest, not the lie.

***

314. You will learn more about the person from a question rather than two answers.

***

315. The government can't be changed as long as the value system of the people is the same.

***

316. What we are used to since childhood is sweet, including even misery.

***

317. No discussion can change people's opinions unless new interests are introduced.

***

318. Being in honest opposition requires, first of all, bravery. Second, brains. Third, honesty.

***

319. If gossip becomes a male habit, the state becomes owned by thieves and manipulators.

***

320. Be higher than clutter and noise, and you will see and hear everything.

***

321. Who would have thought that in the 21st century, the zombie would defeat man?

***

322. Diplomacy is a tool by which, calmly speaking about A, physically blows up Z.

**

Every nation deserves its opposition first and then the authorities.

***

323. Inventing a bicycle and producing a bike are two utterly different tasks.

***

324. The rich are rich because they fight for each penny. The poor are poor because they do not fight for dollars.

***

325. Humankind evolved and progressed by passing knowledge from generation to generation.

***

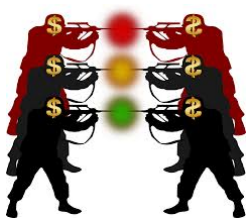
326. Stubbornly refusing to see and understand the obvious is spinelessness first and bigotry second.

***

327. If it is difficult to tell the truth to the face of a man, a team, or a nation, they are set for destruction.

***

328. Any person is in the service of their preferences. In misery are those who serve others' preferences.



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329. Being enslaved by a clever master is often preferable to being even in a higher power under a stupid boss.

***

330. Politics is carried according to the will of the powerful minority but with the approval of the weak majority.

***

331. Being the last in a competition is an achievement. Being the first in the stream is a dishonor.

***

332. If you are late even for a second each time, you will not be behind but end up in the ancestral era.

***

333. Heroism is not about having no fear but the determination to overcome the fear to achieve the goal.

***

334. There are no passes against Titans, not because they are big, but because you are a gnome.

***

335. In an indecent environment, the criminals are decision-makers, while the fools are philosophers.

***

336. For many, the world is just a theater, a piece of steak, or a toy, depending on their role and vision.

***

337. By his formal duties, a policeman is a representative of the state. But by his actual actions - the soul of the people.

***

338. If public opinion doesn't allow telling an idiot who he is, it is your misfortune to be a member of that public.

***

339. The quality of a government results from the interrelations between the hooligans and ordinary people of that society.

***

340. We live according to our bravery. If you are not satisfied, complain about your, but not others', bravery.

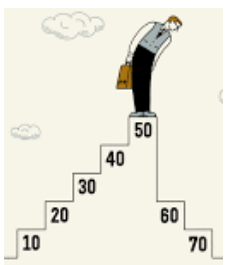
***

341. Not understanding is sometimes justification, sometimes roguery, and sometimes real misfortune.

***

342. Being ignorant is a person's genetic essence. But following the ignorant en masse is public misery.

***



343. Problem-solving reveals the root of the problem, then the root of the root, which will show the solution instantly.

***

344. There are no unintended people in the government. Similarly, there are no such in the opposition.

***

345. A society that is blind, deaf, and dumb of seeing, hearing, and voicing its pain doesn't deserve existence.

***

346. A long-living populist may spoil three generations, appearing to each generation as a new messiah.

***

347. Many think that not the skin but the brain is the organ that understands reality in struggling countries.

***

348. Hardship is never one-dimensional. It is always a result of the summation of multidimensional serious deficiencies.

***

349. As a rule, the reason for a current war is a drop of fake blame dropped on a carefully chosen scapegoat.

***

350. The enemy of a gladiator is not another gladiator, lion ahead, or the master, but the morals of the time.

***

351. Nations cease to exist under the pressure of their own "jerks," not because of an attack or invasion of an enemy.

***

352. The inventor of the first wheel was a genius; the one who currently invents the same wheel is an idiot.

***

353. A person younger than 60 should not be a judge, because a trial is based on experience, not jurisprudence.

***

354. The truth does not enter into the life of a country because ordinary people do not defend their interests from the whim of a few scoundrels.

***

355. The current wars are not matters of interstate or even intergovernmental problems, but of leaders' interpersonal relations.

***

356. Every moment has its specific, single main task. If you do not do what is required in the moment, you are ruining your entire future.

***

357. In order not to be drowned in the atmosphere created by your opponents, create your own atmosphere with people like you.

***

358. When wolves occupy the subject area, the sheep are left with the only alternative- the longest possible survival.

***

359. If you eagerly play the game your enemy offers, you lose not because you play weaker but because you are a fool.

***

360. For the perceptive brain, appropriate thoughts are meaningful and rational regardless of who the author is.

***

361. Political correctness is the tool of a manipulator to keep the other person as an object- obeying and speechless.

***

362. If somebody cannot acquire new knowledge, change his opinion, and accept mistakes, he is old, regardless of age.

***

363. A genius kid, especially a teenager, is a whole other quality. No mature genius will reach a genius child.

***

364. What is in the government is widespread deception. What is in the opposition is widespread self-deception.

***

365. The misery caused by public ignorance is a kind of black hole that endlessly consumes humans.

***

366. Time changes only the intrigue of human relations but not the nature of the individuals in ties.

***

367. A colossal entity of human beings united as a power-holding elite has nothing in common with humanity.

***

368. Having no personal brains, you can steal only fragments of ideas from others, nothing more.

***

369. A puppet leader in a small country is a nightmare for his nation, while a puppet leader in a superpower country is disastrous for humanity.

***

370. No matter your age and life experience, you are far from a human if the extraordinary, perfect, and beautiful do not astound you.

***

371. To swallow the bitter truth in your address, you must have a courageous heart and a great mind, which is an extremely rare combination.

***

372. 99% of people live by somehow mimicking others. But who we are mimicking depends on the leading 1%.

***

373. Governmental ignorance leads to bad governance, while opposition ignorance perpetuates it.

***

374. The "important" people do not care about the truth. They live in their comfort with their maxims.

***

375. Rights are not begged, expected, supposed, or granted; they are taken by force.

***

376. The primary tool in the toolbox of the one who has intellectual influence over you is the silent ignorance of your opinion.

***

377. If somebody with no intellectual problems doesn't understand, he has reasons of not understanding.

***

378. The only tool for making a living is the brain. It is a pity that those who decide our fate do not have it.

***

379. Seriousness and intellect are antipodes. Seriousness is a mask. I haven't met a smart, moreover an intelligent, yet "serious" person.

***

380. In a quarrel, the most patient wins; in the fight for power- the most persistent among the patients.

***

381. Power is by brains, knowledge, philosophy, and 3D vision, not by demagoguery, rudeness, and ridicule.

***

382. Many have no brains to comprehend the complex and have no bravery to understand the simple.

***

383. Be kind and appreciate anybody's social concerns; otherwise, the world will ignore your tragedies tomorrow.

***

384. I have never met a wise man who lived an easy life in the past or living in common dogmas now.

***

385. A genius is someone whose vision or action could be done by millions, but he saw and did it himself.

***

386. Dignity is not in the proper vocabulary but in appropriate behavior. Otherwise, even a cannibal speaks the "proper" language.

***

387. If you listen carefully and do not understand the other person's words, that means he is either stupid or trying to fool you.

***

388. People are lavishly paid for lying but never for telling the truth.

***

389. Having an enemy may be a political requirement, but creating a false enemy is idiocy.

***

390. Being born as a human is not enough to live humanely. You have to study, get educated, and work as a human.

***

391. If you idolize idiots, don't complain about being drowned by the seemingly lukewarm atmosphere they create.

***

392. A state is first an ambition, then a will of people, and the enforcement of that will over those who oppose it.

***

393. The current defeat of the human subject by the money subject has been a century-long backdrop in civilization.

***

394. There is no escape from the ugly because there is no shortage of people who appreciate the ugly..

***

395. Politics is carried at the level of the countries. Whatever goes on at the people's level is propaganda.

***

396. If people and countries are ruined for money, the planet – which has no owner - surely will be wrecked.

***

397. In the present world, it is already entirely money that determines both being and consciousness.

***

398. Governance and power are opposite essences. The ruler destroys by ruling; the governor creates by governing.

***

399. Be careful in using words: They may seem heroic from one point, but self-glorification, ignorance, and shortsightedness from others.

***

400. Secret interest groups are like piranhas. All of them are busy devouring the victim. There are no piranhas uninvolved in the process.

***

401. Territory and population don't make a country. Wisdom, courage, competence, determination, sacrifice, fairness, and honesty do.

***

402. After hunger induced by ignorance, people may get full personally but become aggressive, heinous, and intolerable towards each other.

***

403. Countries are built by generations' self-sacrifice and intellectual achievements but can be destroyed by a single ignorant patriot.

***

404. It is impossible to import democracy if the society's value system doesn't honor equality, adequacy, fairness, and decent cohabitation.

***

405. The internal and external enemies become identical if the society is primitive, believing in fairy tales, saviors, and helpless against criminals.

***

406. The government is a hierarchical system of "No's" in which scoundrels ensure the realization of "No's".

***

407. To understand the scale of a governmental monster's horror, one must look at the essence of its subordinates.

***

408. Even not the vendetta, but the threat of revenge, in the form of a colt in a case, is the pro-base of democracy and rights.

***

409. Our obsession with ignorance, stereotypes, and deceptions is the main lever of self-destruction.

***

410. First, money is preferred over friendship, then dignity, family, nation, and man. In the end, it is even preferred over personal life.

***

411. There is a big gap between the ideology, psychology, politics, diplomacy, and philosophy of having a weapon and using it as a deadly tool.

***

412. The misfortunes that come at a natural pace are not enough for a masochist community that is trying to ensure they are never-ending.

***

413. In prosperous countries, telling the truth requires information and intelligence. In the poor countries – honesty and bravery.

***

414. As a rule, a great humanitarian idea is born in a convoluted mind that has passed through the folds of life's experience and hardship.

***

415. If a reader cannot appreciate an idea without knowing the author's name, it is senseless for him to read because he will learn nothing new.

***

416. A person's intellect is depicted on his face, independent of age, societal and professional position, and other formal achievements.

***

417. If a youngster has nothing to learn from the seniors, you deal with nothingness at the individual level and public hell at the social level.

***

418. My answer to the question of who we should listen to is: "Nobody lower than you in intelligence."

***

419. If you don't care about your present, there will be a someone who will take care of your future.

***

420. Living nature is based on the food chain. The same is true in politics: the powerful feed off the weak.

***

421. Reasonable nations first defeat the rogue inside, fighting for humanity, and then outside, in wars for life.

***

422. There is no place for humor in criminal countries. The whole environment is full of brutality.

***

423. Do not play games with somebody whose face shows a different script from that which is spoken, He surely will excel in any game.

***

424. True democracy is the permanent political pressure of the citizens over the officials by all accessible means, including physical.

***

425. For great people, power is the lever for accomplishing miracles. And for small - an exclusive right for doing monstrous things.

***

426. Don't mess around with the talker. Follow the worker and work yourself, too. Whenever the talker begins to talk, go away and do yours.

***

427. Progress is achieved by doing productive things. Lack of change- by doing ineffective things Regress- by doing wrong things.

***

428. Bright people create future technological progress. The ignorant determine the fate of humanity. The money changers decide daily life.

***

429. Reading specific statuses in facebook helps to understand the person. Reading the comments below helps to understand society.

***

430. A thoughtful face is not a sign of cleverness but idiocy because the intelligent guy is always smiley and never thoughtful.

***

431. The more we act with open eyes and ears, the more we will be in harmony with the time, humanity, and stay away from misfortunes.

***

432. The most important quality of a politician is to do the best at the moment. What was right yesterday may be diametrically wrong today.

***

433. As people age, they lose the ability to learn and begin to favor those who are incapable of learning from birth.

***

434. To be a citizen not a heart but brains, will, and determination are needed. A patriotic citizen is nonsense, either one or the other.

***

435. It is not the absence of a law that is dreadful in a lawless country but the use of the law against the innocent for the benefit of the criminals.

***

436. Power corrupts the already corrupted even more because the non-corrupt cannot come to power.

***

437. Each generation must create and achieve well-being based on its predecessors' intellectual but not material heritage.

***

438. In the environment of fools, not only knowledge but also meaningful thought is rejected.

***

439. The first symptom of a shallow mind is liking what he doesn't understand more than what he understands.

***

440. If you make even one purposeful lie, mixing it with nine essential truths, you are not naive but felonious.

***

441. Politics is for civilized people, and geopolitics is also for those who understand the globe.

***

442. The one born to crawl cannot fly. But it may be capable of things you haven't seen in your nightmares.

***

443. As long as people have the potential to obey or flee the country, the authorities will plunder and rule.

***

444. To be constantly on the heights of politics at the expense of slogans, one must be a perfect scam.

***

445. The Soviet Union was destroyed not because it was wrong but because its people abandoned it.

***

446. You can talk about what to do for, say, 5 minutes. But if you talk for half an hour, it is about what not to do.

***

447. Countries used to be ravaged by bombs and wars, but now, by appointing puppet presidents and governments.

***

448. There can't be a common truth for the rich and poor, the fool and intelligent, the educated and ignorant. But a common lie can be for all.

***

449. To understand, one needs intelligence and information. To figure out and make a decision, one needs bravery and determination.

***

450. The number one precondition for a stable statehood is the internal mutual respect of people as human beings.

***

451. Prosperity is a combination of physical and spiritual environment created by brilliant minds and a profound philosophy of society.

***

452. No mice enter a trap twice, but some people were in traps a hundred times and are going to be there the hundredth first time.

***

453. Humanity progresses through the brightness of pioneers, with the will of the determined, and by ignoring fools and isolating criminals.

***

454. A man gets upbringing twice in his life. Once - in childhood, by learning, and a second time - in senior years, by surprise.

***

455. To understand a nation, you must have an experience of living at least among two other countries to have a base of comparisons.

***

456. The government needs protection from external aggression. But internally, it deserves only constant criticism.

***

457. Exchanging ideas through informed and relentless criticism during the discussion process is essential for progress.

***

458. For pretending to be the savior of a nation, having hippo skin is not enough; the shame must be completely absent.

***

459. . In primitive societies, as in a glass of water, every individual, as well as the public, is visible and transparent.

***

460. Nothing happens by accident in politics and public affairs – people do it deliberately because of greed, cruelty, or ignorance.

***

461. Often, we expect heroism from each other instead of demanding and imposing just the simplest humanity and civility.

***

462. Precisely half of politically correct people are sons of the bitches, and the other half are daughters of the bitches. No exceptions.

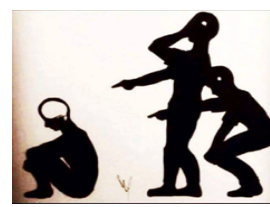
***

463. Delicate people say that sometimes old age comes without wisdom. And the beard and the eyeglasses are not capable of filling that gap.

***

464. Every life episode is specific and part of the universal present and history. It's sad when your surroundings are in other centuries.

***



465. An ignorant environment gives birth to extreme arrogance, extreme narcissism, absolute idiocy, and, in general, all extreme deviants.

***

466. Most people deceive others, and that's okay. But flee from the one who has deceived himself first and is trying to deceive you.

***

467. In peaceful conditions, everyone creates a prosperous and safe life, but in moments of crisis, issues are solved only by capable individuals.

***

468. In every country, the state is represented by its statesmen. And if the state is weak, the statesmen are the ones who make the state weak.

***

469. One can hardly be recognized by the speeches given in months and years but can be easily seen from a single page he has written.

***

470. Personal masochism is a psychological bio-type. Public masochism is a severe, incurable, infectious, and deadly social disease.

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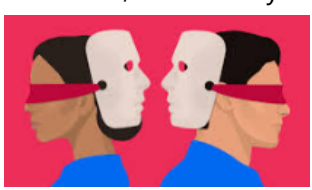

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471. Humankind invented tools to get bread. Also, they created weapons to get meat and shoot those who prevented them from getting it.

***

472. The current global aim of people is climbing to levels required by modern tasks and becoming adequate to the challenges of Homo Sapiens.

***

473. During the great intrigues, we see the immense role of small people as the architects, promoters, and real actors of the conspiracy.

***

474. Honesty and bravery are coupled qualities. Dishonest cannot be brave because bravery is an open, honorable, and conceptual behavior.

***

475. The thinker has his own opinion. But the crowd has no opinion- just emotions, the owner of which is the populist.

***

476. If a leader's mental ceiling is the plinth, it is a misfortune for those around him and happiness for himself.

***

477. The reality is multifaceted, but its foundations are universal – money, power, selfishness, and some false passion.

***

478. The truth requires action; otherwise, its bearer will suffer. The contrary is the lie; no actions are needed—listen and wait.

***

479. How do you explain to a moron that there are questions he has no right to discuss because of the "imperfection" of his brain?

***

480. The Orwellian prediction – whoever controls the information – rules- has already become a tragic reality.

***

481. Human evolution was not about adapting to the conditions but defeating the weak and rejecting the ugly.

***

482. A healthy individual must be modest in desires, greedy in accumulating knowledge, and consistent in protecting personal rights.

***

483. The political map of the world is drawn with blood. It is utterly brutal for the nations whose borders are written with the neighbors pen.

***

484. A fanatically religious politician is a disaster for the people around him, the country, the world, and even religion.

***

485. It is not the message's importance but the messenger's reputation and the wording's packaging that are essential.

***

486. The unfounded optimism for the next day is the primary psychological tool by which the distant future is destroyed.

***

487. If your friend is on the side of power, close your eyes and ears as they speak so you can later say I didn't know.

***

488. Tell the smart just once, and they will shine, Tell a fool a thousand times, and they will come down to you.

***

489. The villains do not fight each other but compete in the scuffle, who will commit more terrible atrocities over a scapegoat.

***

490. If the information from the outside concerns your future, it is not information but an imperative to live and act accordingly.

***

491. A person can be right on 99 issues, but if he is wrong in one of the most fundamental issues and acts, he is a criminal.

***

492. Those who go ahead of time are hit by stones from behind since the stones are the main weapon of the Stone Age.

***

493. The gun is a mechanism for establishing law. If you don't have a weapon, you will obey the laws of the armed man;

***

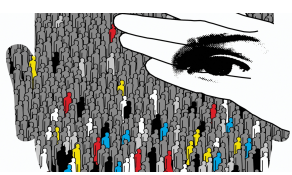
494. A person of a small national minority has no civil or political rights to act against the host country in favor of a third nation.

***

495. The people and the nations are unique in being with time: ahead, lagging, against, or out of time. The best option is being with time.

***

496. Neither hell nor heaven has time; they are eternal. Accordingly, know that you are dead whenever time doesn't matter to you.



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497. The essence of man is to unite around victory to benefit and escape from defeat in order not to pay its price.

***

498. Stay away from authority and those who respect authority, at least just because they both don't care about you.

***

499. The weakness of the weak determines the relations between dominant and weak people.

The weaker one is, the more insolent the stronger side behaves.

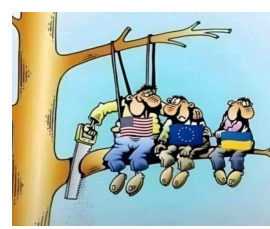
***

500. First, statehood is in a person's mind, then in his behavior, will, and determination. Only after that is the state a judicial right, shelter for everybody, and a sovereign spot on the map.

***

501. Current presidents must take oaths not on the Bible or the Constitution but on the alphabet—for us to be sure of their knowledge, at least within that scope.

***



502. Information, ideology, ambitions, or imitation can't compensate for the absence of a brain. But it can be faked by fame, perpetuated by others.

***

503. A man humiliating himself for a piece of bread continues going into further humiliation for a piece of an easy million and pieces of bloody billions.

***

504. Not a single person was killed in 1937 by Stalin himself, but millions were killed by the

ones who wrote lies about their neighbors due to their fear of Stalin.

***

505. Internal fairness determines a nation's competitiveness and success and provides the tools necessary for victory over problems and foes.

***

506. Human history is a balanced result of the creation of geniuses and destruction by human monsters.The irony is that monsters destroy with tools invented by geniuses.

***

507. If you want to understand the process precisely, model it graphically. Later, the model will demonstrate new functions and qualities one would never expect.

***

508. A non-advertised information can only become knowledge if you are intelligent and conscientious. In all other cases, a manipulator will inject it into your mind as his revelation.

***

509. A political mistake is correctable only when the need for correction is understood as an imperative and the recovery methodology is perceived as a row of consecutive steps.

***

510. In northern countries, because of the harsh conditions of nature, people help each other to survive. Even the billionaires are different in these countries.

***

511. If half of the efforts, creativity, and energy spent on pleasure were directed toward the decent life of societies, the whole world would be in heaven.

***

512. If the negative qualities of people still astound you, you have more to learn. If positive qualities still amaze you, you have more to experience.

***

513. The idiot and the genius can be equally impressive: The idiot for his unpredictable plain crudeness and the genius for his unimaginable multifaceted wisdom.

***

514. To live in the 21st century, one must act according to the principles of the 21st century. Otherwise, they will live not in the past but in misery.

***

515. Being an atheist is a burden. You don't believe in God, saviors, and miracles. And when

in desperate difficulty, no hope and help may be expected.

***

516. Two requirements are applicable for honoring:

1- The honored must be great.

2-The honorer must be decent.

***

517. Optimists enjoy their lives by freeing themselves from worries. At the same time, they act selfishly against their loved ones, who are carrying a whole load of reality.

***

518. The truth may serve as a governance mechanism in the global world since truth is an environment, as is democracy. It is a mechanism, as is democracy.

***

519. A powerless government creates misery for its people inside the country and an image of a puppet state and hopeless society outside the country.

***

520. Democracy is not the constitutionality, lawfulness, or the will of the majority, but a reciprocal mechanism of pursuing and imposing the rights..

***

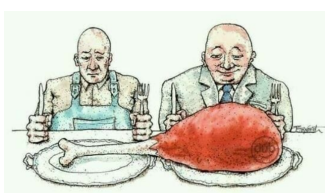
521. The primary source of police income in poor countries is the intimidation of ordinary people and taking bribes for letting people act according to the law.

***

522. Genetics is a powerful tool of quality creation. Consequently, this truth is charming while watching the healthy and beautiful and depressing when seeing the ugly.

***

523. A potentially powerful person is hidden in one among millions. But society's attitude determines who will be developed as a monster, a genius, or a big maniac.



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524. Depending on what issues the society hypothesizes, one may judge whether it progresses, regresses, or remains in a particular age of history.

***

525. To solve current problems, you have to be armed with future-oriented vision rather than the experience and advice of the past.

***

526. If the grandfather and the grandson are coping with the same problem, then their

nation is culturally, psychologically, and technologically dead.

***

527. Knowledge is not for knowing things but for application. And if you don't know how to apply your knowledge, then your knowledge is just self-deception.

***

528. War is a tool for solving accumulated, existing, current, and upcoming problems, while money is the decision-maker for beginning the war.

***

529. Do not ask others what you are not capable of. But ask the politicians even the impossible because that is the fundamental requirement of democracy.

***

530. For an accomplished person, it is worth changing not himself, but the surroundings, because progress is achieved only by changing society.

***

531. If individuals' intelligence does not grow into the need for collaboration, mutual respect,

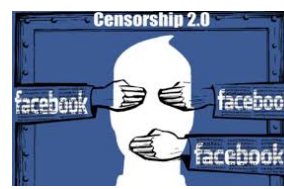
and the creation of novelty through the exchange of knowledge, it is worth nothing

***

532. The faction is not only a phenomenon specific to the authorities. Look impartially, and you will see that the opposition faction is no different.

***

533. It is not enough to compete with others in the present day. You also have to compete with mankind daily and with yourself today to be more powerful tomorrow.



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534. As a rule, one sentence is enough to express the whole idea in the humanitarian field. If you haven't found that sentence, your thought is still raw.

***

535. When one says "dumb," the subject is assumed to be male. Lately, I'm starting to realize that some of them are bluntly aggressive or sweet-tongued females as well.

***

536. Mammals instinctively "educate" their offspring to their level of intelligence; otherwise, within a few generations, they will degrade and disappear.

***

537. Society's first task is to distinguish the truth from the false and the hero from the villain because reality and the acting subjects are the basis of political life.

***

538. Deceitfulness of those who decide is a must in international politics. But if under the deceit cruelty is served, it is a sign of the utter weakness of the served.

***

539. The nations that have not overcome the

mechanical shift from the description to the deep-seated essence of understanding will not exist tomorrow.

***

540. Even animals /dogs, parrots, monkeys/ have humor. And if a man does not have it, then expect "heights" of cruelty and inhumanity from him.

***

541. If something is pervasive, but you are afraid of blame and say, "with few exceptions," that is a sign that neither you nor others are ready to break the outdated rules.

***

542. It is hard for a brilliant person to use shameful deceit. Not because it is difficult but because his brain and dignity combined restrain him from doing that.

***

543. One should distinguish between a soldier, a general, and a political leader. They are different personalities, genotypes, blends, dimensions, brains, and scales.

***

544. Psychiatry says that a madman is incapable of listening and accepting advice. If that were possible, madness would be the most manageable illness to cure.

***

545. The problem with the West is that the house cleaners there have much deeper professional knowledge than the politicians and leaders of the country.

***

546. Man was self-made by the victories of his brilliant ones. Now, with the silence of the brilliant ones, he is degrading by the efforts of his scum.

***

547. Listening to information is the same as listening to a song. There is no question of understanding, education, or coming to a conclusion - it is just fun.

***

548. Grandparents are responsible for the things in any country, because the oldest have life experience and responsibility to pass it on to the next generation.

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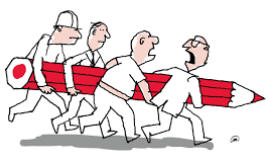


549. Before mass media, humanity was advancing through its geniuses. With mass media, it goes to hell under the leadership of its scum.

***

550. To admire the incomprehensible and ignore the understandable, a special combination of genes is needed: the genes of arrogance, moronism, and scoundrelism.

***

551. A thief is a psychology, a worldview, and a way of thinking. Similarly, not seeing or understanding a thief is also a psychological worldview and way of thinking.

***

552. Peace is an intersubjective equilibrium. That is why there is no peace for people with a slave

mentality, because slave is not a person, but a commodity.

***

553. Man ceased to be a biological being from the moment he invented money. From that moment on, he became the servant of money and, now, also the slave.

***

554. If not the meaning of what is said is essential for the perception, but the personality of the speaker, then there is no point in having a language, either.

***

555. For an ambitious person, power is a tool to accomplish his constructive goals; for the selfish one- a sturdy toy to destroy everything around him.

***

556. There is only one formula for the state's prosperous existence: protect your interests from your crook so as not to be overpowered by an external enemy.

***

557. In the information age, the enemy is specially selected, appointed, debilitated,

brainwashed, and then destroyed right on the screens.

***

558. I wonder if humanity concludes that we are the only intellect in the universe. Will we sober up or continue to rely on god and rulers?

***

559. Some faces are for admiring, some – for listening to and understanding, some – for learning positively or negatively, but there are also faces just for slapping.

***

560. To achieve excellent results, persistence and a bright mind are necessary. To achieve extraordinary results- intuition and vision are needed.

***

561. Along with aging, a man should not become serious but clever and add more humor, both in his "consumption", his words, and his vision.

***

562. Citizenship is about understanding the essence of the state and the role of individuals in the country, and, in practice, playing that role in everyday life.

***

563. The gender pay gap is 10%, and the progressive elite speaks about it 24/7. The difference in dentist-physician versus scientist pay is 10 times, and nobody talks about it.

***

564. If you protect yourself from internal jerks, you will be protected from the external enemy as well. And the government will be busy leading the country to success.

***

565. Before becoming a dictator, the leader is the product of the people. Then, the opposite process begins: the people become the product of the dictator.

***

566. Power is a balanced agreement between people and the rulers - who owns what. In addition, the unwritten laws determine the place of the cut.

***

567. The fate of a nation depends on the proportion of heroes and traitors in it. Society's task is to maintain the balance, having at least one hero for every villain.

***

568. International politics has nothing to do with democracy, human rights, nations' rights,

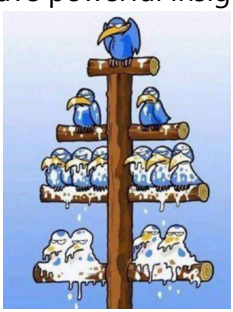
humanity, or justice. It is just about destroying other countries.

***

569. The more intrinsic social injustice is visible to everyone, the more society is immoral at its most basic – in family, everyday life, and societal relationships.

***

570. To see the details and the specifics, you must be the right specialist, but to see more in-depth, the general, the important, you need to have powerful insight.



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571. Winners are not judged because the whole system is on their side. It is, therefore, the victim's duty to carry out his revenge with his own hands and knowledge.

***

572. The actual global problem of humanity is to climb to the plane of current issues and to become the corresponding modern "homo sapiens" dictated by them.

***

573. Through knowledge and hard work, technocrats provide people with a positive quality of life. While with intrigues and

deceptions, humanitarians determine people's destinies.

***

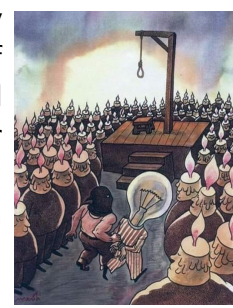
574. If the energy and ingenuity spent on obeying and following the existing standards of life had been spent on the creation of rational and decent life, we could be in heaven on earth.

***

575. Free yourself from the intention of helping or consulting the authorities; they know better. Also, they are not your friends but the ones who have power over you and exploit you.

***

576. The authority of every country must take care of demography and development. But no leader or nation has the right to call upon its people to multiply in the land of others.



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577. You explain, you beg, you humiliate yourself, leaving your dignity aside, you put the evidence in front of their nonexistent brain, eyes, and ears, and you still don't realize you're the fool.

***

578. Even in a toddler's face, the intellect is noticeable if intelligence is in their nature. While

looking at the intellect-free face of an adult, a high dose of pity occupies you.

***

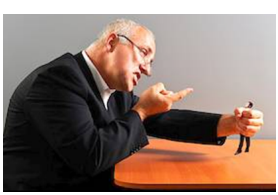
579. Not everything is manageable according to how it is planned beforehand. Especially with multiple players, something designed as a wedding may end up as a funeral.

***

580. A straightforward indicator of a sound mind is its ability to separate the important and the secondary in every matter. Rate the person according to this attribute; you will be correct.

***

581. The primary distinction of a subject is the ability to take the initiative in the first step. If that step is constantly missing, you are dealing with an object, not a subject.



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582. As foreign relations are an extension of internal affairs, so are people's attitudes towards their friends and foes. If you tolerate an internal bastard, the external will annihilate you.

***

583. Peace by itself is not a factor. The danger of war is what moves man to peace. Although, if you are unable to balance the foe with punishment, you will never enjoy peace.

***

584. Any historical time gives birth to socially active geniuses and idiots. And the struggle of these two extremes draws the path to progress or the chasm of regress.

***

585. One of humanity's driving forces is sacrifice. We conquer using sacrifice, negotiating, and retaliating with it. Sacrifice is the universal price if you are ready to take charge.

***

586. Monsters are born with specific genes, but they become truly monstrous when the people around them are helpless to cope with the evolving, yet minimonsters.

*

**

587. The blindness of the mind is an incurable defect. It starts from the father and mother, grandfather and grandmother, and even more from previous unfortunate ancestors.

***

588. Strive to win because humanity lives, evolves, and progresses in competition by overpowering social gradients and following personal drives.

***

589. To find and express a great idea, you must unpack multiple layers of useless waste and packaging, see the core, understand it, imagine it thoroughly, and then open your mouth.

***

590. There are two types of jerks: the ones who were born a jerk and the ones who became jerks because of position and power. The first are "angels" in comparison to the second.

***

591. No tyrant has taken power by already being a tyrant. The tyrant is made up of ordinary people who tolerate the puppets in the narrow surroundings of future tyrants.

***

592. Everyone has the right to indulgence, ridicule, insanity, or other stupidities. It is not our task to distinguish between these motives. But our job is not to let those abnormal into power.

***

593. In politics, intelligence is the last factor of success. The first ones are shamelessness, stubbornness, patience, betrayal, cruelty, courage, complacency, and the ability to humiliate.

***

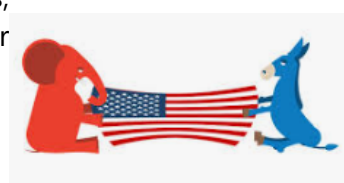
594. Just as a thousand amateur chess players cannot win against a single grandmaster, a thousand ignorant ones cannot say one smart thing, let alone do what is perfect.

***

595. Those who have not seen the Soviets hate the Soviets. Those who have not been to America preach democracy. Those who do not know life teach the minds.

***

596. The only protector of human rights is the man himself, the men next to him, and the other man, but never the state, international law, international courts, or any other institution.



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597. Man has remained the same in relationships and thinking. If it had not been that way, the ancient philosophers, writers, and scholars would have been unknown today.

***

598. When you look at a highly gifted teenager and realize that something is missing in him, know that the missing part is the years of experience and the wisdom that comes from it.

***

599. The best indicator of an empty brain is being a fan of famous people, no matter what the celebrity does or whether the fan understands anything that is done by that celebrity.

***

600. The leading indicator of "who is who" in elite politics is their attitude toward whistle-blowers. If some people think that not expressing their opinion is a solution, they are mistaken.

***

601. A new international law prohibiting aggressive actions of fanatic minorities and propaganda of micro-minorities against host countries is a past-due necessity.

***

602. Whoever does not see the trash in his immediate surroundings does not fight against it, does not clean it, but demands it from others and the state; he is the first public and state polluter.

***

603. The zugzwang in chess is not about time limits but the absence of non-losing moves. And

the moves are not exhausted abruptly but disappear due to gradual errors.

***

604. The 21st Century is not the continuation of the 20th; it is a new demand, knowledge, approach, a fresh eye, ear, and language. It will be hard for those who do not understand this.

***

605. The state is not a sentiment imagined by the humanitarians. It is cruel technocracy, cold-hearted calculation, all-pervasive wisdom, strong will, and courage.

***

606. Politics is a consistent, principled process in which the subjects pursue their own interests. Protect your interests and public, national, and private interests will be preserved.

***

607. A person who doesn't know the answer to 2x2 can't be a mathematician; his peers will kick his head. But those who don't see the globe and learn the map are policy-makers.

***

608. Long life has two grave problems:

1- Your friends start leaving, and you are left alone.

2- You know what the young don't know, but you have to hide what you know to not be seen as unwise.

***

609. Behind a prosperous life are the immense will, determination, and roughness of those who make it. And behind the super-lavish life are blood, destruction, and simply cannibalism of rullers.

***

610. Modern democracy should be a balanced, self-regulating mechanism for governing society and its state, grounded in human values and based on fair representation of citizens' interests in power.

***

611. The harshest shortfall of our time is the dignified human. The one who doesn't cheat himself for millions and others for a penny. The one who knows his value and has no desire for more.

***

612. A person may not understand the other person's profession and not appreciate it. However, the same person must understand and appreciate the other person's humanity.

***

613. If, in one episode, the devil is correct, and the angel is wrong, I will be on the side of the devil because today's wrong angel will become even greater evil tomorrow if I do not oppose it.

***

614. If not Femida, but somebody like Hippocrates, who took an oath how to practice his specialty, would have been the god of the judiciary in Ancient Greece, the current world could have different settings, with fewer criminals and demagoguery.

***

615. All global, state-of-the-art issues are conceptual. They have no particular solutions and must be resolved through conceptual, progressive, and coordinated steps.

***

616. Current civilization is a result of wars that shaped a woman's beauty by abandoning the ugly ones, and the physical superiority of the masculine man by exterminating the weak ones.

***

617. Evolution is not only forwardly bound development. It also has its reverse mode, like viruses, specialized in parasitizing on more advanced organisms, and virus-like people, parasitizing on social naivety.

***

618. The grave problems of current humanity are rooted in the absence of means to restrict the small egos of big decision-makers. We don't have any other conceptual problem.

***

619. People of different nations, ages, personal natures, and mentalities live in different worlds and times. An observer's task is not to confuse the worlds and the times.

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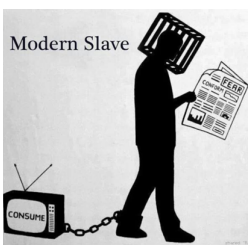


620. Spatial vision, the ability to see around and behind, the invisible and hidden, the real and deceiving, is the inherent ability of Homo Sapiens; hence, sometimes people who lack these qualities are the lucky ones.

***

621. The ignorance, chronic unawareness, fearfulness, and arrogance in societal values are grievous complexes that a person cannot overcome unless the whole social environment changes.

***

622. An artist may be unreal in his art because it is hard to distinguish the real and unreal in the art. At the same time, even a slight inaccuracy is

unacceptable in science because science is strictly real.

***

623. The ones chasing money, occupied with money, guided by money, built as a person by money, and buying people by money are the same essence no matter how different they appear.

***

624. Sometimes technocratic tyranny has a "positive" in the sense that aggressive narcissists, utter idiots, and crazy morons are in the madhouse, not in the positions of national decision-makers.

***

625. An individual has nothing to do with the whole century. He is granted 20-25 years of his generation. The remaining senior years are just the years of his deinstallation.

***

626. According to Carl Jung- "Thinking is difficult; that's why most people judge." Nowadays, a more straightforward statement is valid: "Thinking is difficult, and judging is dangerous; that's why most people neither think nor judge."

***

627. It is time to introduce a new term—gesticulative demagoguery—for people who use gestures by the head, hands, or the whole body before their lies. Look carefully, and you will see them too often.

***

628. Humanity's current priority is to eliminate parasites within countries and in international relations. Otherwise, they may grow immensely if not supervised and implement global misery directly.

***

629. Competition between nations is primarily carried out internally against their own thief, bastard, liar, manipulator, imitator, and ignorant.

The more successful the country is against these bastards, the more it is successful externally.

***

630. An intellectual is never in power. He/she is always in opposition. They are the ones who see the truth and publicize it, no matter how inconvenient it is. The intellectual is the child who continually shows the king's nakedness.

***

631. Competitive comparison is the essence of Homo sapiens. We appreciate ourselves through

comparison with others. As a result, we compete, kill others, and even destroy the planet to comfort the evil in us.

***

632. A person's opinion dramatically depends on his societal position. He is a monster when at the top of the power. After losing control, he becomes closer to humane. Losing more - becomes disgraceful.

***

633. The security of Swiss banks comes not so much from the Swiss state as from the armed Swiss people, who inspire confidence in the world's money owners to keep their money in Switzerland.

***

634. Always be interested in the past, present, and news of the surrounding world and try to understand the essence of what is happening. By doing so, you will always be focused on all essential aspects of your life.

***

635. The little thief steals money. A more powerful thief steals ideas and profits from their sale. Super-powered thieves steal people's present and future and thus determine the fate of humanity.

***

636. Imagination, a product of wonder and knowledge, is a testament to the human intellect. It requires a significant amount of intellectual capacity, setting it apart from mere animal curiosity.

***

637. My plan to change people's values is in one sentence: to live a prosperous and civilized life, you must stand against your corrupt friend, relative, acquaintance, brother-in-law, neighbor, and no one else.

***

638. The vocabulary of the language and the quality of life are closely, even straightforwardly related. That is why understanding the combination of miserable life and sterile language is challenging.

***

639. Victory is achieved by wisdom, alert mind, will, and, most importantly, by the offense. The defeat is the consequence of ignorance, impotence, unfitness, and only, as of the last excuse, physical inferiority.

***

640. Every nation, every society, and every person has their taboos. If other people, communities, or someone next to you spreads

their taboos on you, and you get used to it, you are no longer a free nation, society, or man.

***

641. Civilization hasn't changed a man's essence but the appearance of human interrelations. In ancient times, we cursed and went after each other with swords. Now, we smile and send nuclear bombs.

***

642. A hero is fixed at the moment of his heroism. After that, he has to elevate the point of reference or leave the arena. But if he stays and solicits his heroism for pursuing different agendas, he becomes a traitor to society.

***

643. Every time has its heroes. In prehistory, the hero was with a sword, then with a rifle, then with a cannon, then with a bomb. Now are the times of other heroes, capable of destroying the nations with money and deception.

***

644. Nature has made man wrong. It should have been written on the forehead of the ignorant-"ignorant", and given them even a thousand years of life. In that case, the normal would have lived as a human for 60-70 years.

***

645. Idiots see linear. Ordinary people see two dimensions, the intelligent see three dimensions, and geniuses see a multidimensional world with different links and interconnections.

***

646. The face of a great man aligns with his actions and achievements. Darwin is a striking example of that. And this is precisely why millions of little men strive to express facial greatness to mislead ordinary people.

**

*

647. Serious thoughts are born in conversation and debate. Unfortunately, few are capable of communication, let alone debate. And they are the only ones who develop new ideas with other people.

***

648. The pioneers of technological progress were knowledgeable specialists, scientists, engineers, and technocrats, while the front-runners of civil progress were free-minded, ambitious, and brave youth.

***

649. First, you yield your dignity to the stubborn, then your property to the "magician," then yield

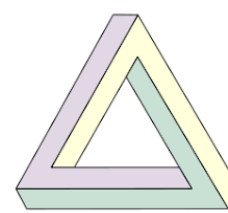
your rights to the manipulator. And if you are still alive after all this, that means something is still left to be taken away from you, fool.

***

650. The maturity of the public is characterized by the scope of issues in which it is thoughtful. And the maturity of individuals is measured first by the questions they ask and their participation in the discussion.

***

651. Knowledge, logic, fact, experience, precedent, and even time are powerless against hardened values. Unfortunately, only new authorities can modernize values with new rules in such societies.



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652. The law is intended to protect people from the authorities, the police, the prosecutor, the judge, the thief, the liar, the rapist, and the murderer. In all other cases, it is a tool to deceive a person.

***

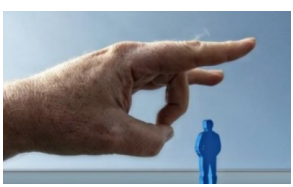
653. The freedom of a country is determined not by the acknowledgment of its neighbors but by the resoluteness of its people to create, produce, build, and be the master of its government.

***

654. The truth itself cannot be accepted, respected, and disseminated. It reaches a particular person through others as a more advantageous posture if the environment can tolerate the truth.

***

655. Life was a school, and I graduated from it. I learned a great deal, convinced myself, and realized for the thousandth time that a man with his trivia, passion, and mother's milk is a fundamental hard rock.



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656. Years ago, American parents coached their children until they were 18. After that, Colt the Peacemaker continued. Now, the mass media takes care of parenting from kindergarten onward.

***

657. Physically, a country is an estate- property. Functionally, a state is a producer and a consumer. Specifically, it is viable, expansive, and defensible via production, not by the blood of its soldiers.

***

658. I can't compete with a jerk in dishonesty. I can't compete with an ignoramus in idiocy. And,

in general, I can't compete with anybody in his field of expertise. If anybody can, let him try.

***

659. Every era has its formal standards. The best of the best and the most hateful of all are also within the standards. If something goes beyond the norm, it becomes ridiculous and unacceptable to everyone.

***

660. Some people become nicer when praised, and others do the opposite. The point is that before praising or underestimating anybody, you must know the person. Otherwise, keep your mouth shut.

***

661. Teach the uninformed, help the older man, and do not disturb the specialist. But resist the fool, the thief, the liar, or the demagogue so that you can free yourself from their dictate and live by yourself.

***

662. The democratic government does not act by brain but by being forced to act. On the contrary, technocratic governments work voluntarily, according to "brains," and without any social push.

***

663. The modern state requires modern weapons, an economy, knowledge, relationships, and contemporary men and citizens. The first can be imported or imitated, but man and citizen are made locally.

***

664. A portrait in the frame conveys importance, respect, and even a trace of the person's holiness. Completely different is the phrase in a frame, the purpose of which is solely the deception of the reader.

***

665. Morality is, after all, a code of interpersonal support, compromise, and agreement among members of society. Follow your morality without a mediator, and you will live in dignity.

***

666. Every noble person's task is to be neutral and honest in global affairs and to express their "self" to decision-makers by the means available to them. This is the essence of healthy inter-subject relations.

***

667. No national minority, let alone a super-minority, has the right to destroy the state in which it lives. It has the right to complete

secession to autonomy but not to the destruction of the hosting nation.

***

668. The seriousness of the mask is somehow acceptable, but the seriousness of the real face is hardly bearable; you do not know what to do: sympathize, ignore, or give up. But staying away is a must.

***

669. The basis for the degradation of power is the existence of a neighboring state. Specifically, by scaring his people with imaginary threats from the neighbor, the government is masking its internal atrocities.

***

670. From ancient times to today, weapons have been the primary tool of the brilliant but physically weak against the physically strong. An unarmed person relying solely on his talk and fist is an absurdity.

***

671. Great art can only be created if there is at least a minor presence of the great in the environment and the high consumers who value it. In low environmental settings, great art is impossible.

***

672. The world has always been accessible and free for intelligent, willful, persistent, and purposeful people. Eventually, the most thoughtful, entrepreneurial, and foresighted people always enter into this free space.

***

673. Healthy societies are strong thanks to their strong women. And it is worth stressing that rights were not given to women by men, but that women themselves took them and executed them through intellect, determination, and instinct.

***

674. The present dollar world is not a monetary system but a debt system. And the debt has such strong bonds within it that ways to destroy it have yet to be seen. Debt is rising, dependencies are growing, and polarization is deepening.

***

675. The state is good or bad for a particular person. But countries are only evil towards each other – they are enemies. And they become allies only to protect themselves from the greater enemy or to devour the weak together.

***

676. A system is such a societal–governmental state of affairs where everybody knows formal and informal truth but lies and behaves according to the rule prescribing that seeing and telling the white as white is idiocy.

***

677. Both the young and the seniors are alike in one thing—they are persistent in pursuing their opinions. The adolescent is stubborn because of limited knowledge, and the senior is stubborn because of a hardened brain.

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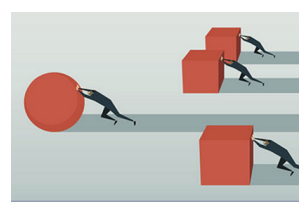

678. People are getting spoiled not only in power but in striving towards power. That is why when you see an "angel" flying towards power, pick a feather from his wings and keep it for stabbing it into your previously blind eyes later.

***

679. If childhood continues until old age, it is a great happiness for the particular bearer and a tragedy for such a society. I often meet such people and wonder how guilty I was of jumping, passing, over that eternal happiness.

***

680. If a person expresses incompatible qualities in different episodes, such as great wealth and slave-mindedness, arrogance, and subversion, impudence and misery, leadership and indiscipline, patriotism, and powerlessness, then be assured his hidden feature is cruelty.

***

681. The impoverished are ready to live much worse but be alive. The rich are prepared to live in great luxury by sacrificing the poor. From the biological point of view, the rich are right; from the humanistic position, the poor, although both are wrong humanly.

***

682. Repeating today even one percent of what Hitler and Stalin did 80 years ago is worse than fascism because humanity already has turned that page of history, regarding it as inhumane and unacceptable to be repeated.

***

683. The government can be told only if the "teller" is optimistic that the government is unaware of the matter. In all other cases, the government should only be criticized because it is not unaware but pretends to be clueless.

***

684. Money first transforms the possessor's mind, becomes dominant, enters the pocket, then goes into safes, becomes property in billions and trillions, and provokes wars. If you want to know who is before you, find out how much money he has.

***

685. The main peculiarity of Homo Sapiens is the ability to wonder at himself and each other, at the new, at the interesting, at the unusual, at the bad and good.

A human is just a person capable of amazement by the new and beautiful; otherwise, that creature is not human.

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686. Before becoming an "authority" in political and national realms, one must have a serious professional education in any field. And only such a person can understand the depth, the beginning, and the end of the phenomena, the cause, and the consequence.

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687. After the war, the defeated country can be restored. For example, Germany, Japan, and Italy were restored after World War II and modernized in every possible way.

In a slowly decaying, self-destructive country, the man is spoiled first, and that country has no chance of recovering.

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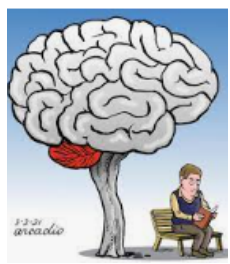
688. We entered the stage of shortsighted and indifferent humankind, where information never becomes knowledge, never gets unpacked from the lie, but acts as a club over the weak, a fooling tool for a naive listener, and a lever of concentrated power for the world's rulers.



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689. We look with eyes but see with brains, We hear with ears but grasp by intuition. We feel with our senses but respond with dignity. That is why some look and don't see, hear, and don't understand, feel but don't get oriented.

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690. Years later, you will realize that some people whom you believed in were, in fact, demagogic; some brainlessly adventurous, some selfish. And sadly, you will remember the heroic, humble ones who were silent, invisible, and shy, having no word or influence in any aspect.

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691. The primary precondition of democracy is "everyday" democracy when one is principled,

lawful, impartial, and "democratic" to himself and his narrow circle of friends and family. A non-democratic person in casual life can't be democratic at the public level.

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692. Everyone invests in life and passes it on. And it depends on the judgment of the people on the sides: whether the investment will be honored, neglected, or actively rejected. In fact, the people on the sides determine the course of progress. If they are stupid, the geniuses can't accomplish anything.

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693. If anyone has done something great and something evil, then he/she is a great deceiver, because a normal human being should do only good, not sometimes good and sometimes cruel. Therefore, if something terrible is already known about the person, that wrongdoer should not be discussed in more depth.

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694. The first sign of poverty is the mismanagement and messiness of the environment. The consequence of this is the poverty of the next generation. This is a closed circle. To get out of it, a technocratic brain, a

strong personal will, and a sense of beauty are needed.

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695. Envy, impudence, and vileness accumulate, rot, and, in adulthood, become venomous towards others.
Kindness, humanism, and naivety also accumulate and gradually become a straitjacket of self-destructive helplessness against venomous.

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696. The poorest and the wealthiest people are equal participants in the country's politics. The poor by begging for their bread, and the rich by grabbing billions. The task of those in the middle is to bring order to both and to build a state based on that order.

***

697. I know that Ford, GM, and Chrysler are definitely of higher quality than Russian Kamaz, Ziggul, and Kraz. But I'm not convinced that the American nuclear bomb is better than the Russian one. There may be a couple of tons of variation side by side, but in essence, there is no difference.

***

698. The human essence is the same regardless of the structure of public administration. The difference is that a democratic citizen of a democratic country exploits people of other nations, and a non-democratic citizen of a non-democratic state uses their people.

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699. In the days of kings, the beacons of life, the providers of its wisdom, and the inspirers were the wise men. In the age of parliaments - technocrats and business people. If money does not eventually destroy humankind, the planet will be the landmark, the lighthouse, and the object of human care.

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700. Information has several global functions for humankind: To inform people to unite at the same time and around the same problems. To educate the rearwards and limit the impudent. To transfer the old experience and knowledge from generation to generation. To introduce taste and a proper level of perception

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701. Every horrible ruler acted in their historical age. And they must be compared with this specificity in mind. If a million-killer had killed that million following the principles of his time,

then he would be more acceptable than the 1000-person-killer of the present century, who kills against the rules of our century.

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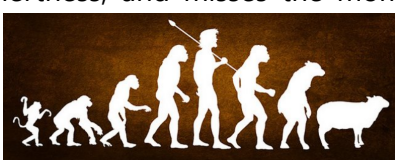
702. Unreasonable optimism is worse than the worst pessimism. Because it is unaware of the logic of phenomena, it relies on vain hopes, spreads unfounded optimism, lowers others' alertness, and misses the moment to solve the problem.



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703. Every truth has its moment to tell, depending on the audience. If you say it early, you will not be understood. If you say it late, no one is interested. The problem is optimizing the combination of the three: the speaker, the audience, and the proper time.

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704. A child enters life with wonder and learns through surprise. Every time they understand something, they smile with curiosity at how easy it is. Keep some childishness in your adulthood, wonder over the unknown, smile like a child, and be ironic about yourself.

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705. Human tools are all around: Look deeper than the surface, and you will see the man pliers,

the man scissors, the man screwdriver, and the man hammer. Surprisingly, Hieronymus Bosch saw these guys 500 years ago, but we still don't see them.

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706. The West was prosperous not because of broad democracy but because of dignified, striving-for-advancement individuals who created life-improving tools and processes around: from cars, phones, songs, and movies to skyscrapers, cities, and economic and political freedoms.

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707. There is no time to read long and no brain to read the complex. There is no mental eye to see the depth, and no culture of using the brain anymore. That is why we read the simple and the short; we look at the surface and live by what others have told us.

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708. The state is a derivative of man.
Power is a derivative of man.
Any social system is a derivative of man.
And the ugly state, the limitless power, and the corrupt system exist only when a man has given his place to an anti-human.

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709. A technocrat is a person who doesn't psychologically tolerate obvious mistakes, lies, unprofessionalism, or low standards around them. Moreover, technocracy is a mentality focused on achieving improvements based on current scientific and technological capabilities.

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710. Age has complex dimensionality. It can be measured by the experience gained in years, by the gray or absence of hair, by the number of surgeries suffered, by the volume of pills prescribed, by the tragedies and joys in life, but never by the number of years on the birth certificate—because good dogs, horses, and even cats have those.

***

711. The problem of the current humankind is the “little” man — the unnoticed, the jealous, the careless, the corrupt, the man of insatiable desires and narrow ambitions — who is both the ruler, the judge, and the determinant of human destinies. He is the one who has never been seen in your eyes as extraordinary, as a voice, as a leader, as an intelligent guy, as irreplaceable, and as a specialist.

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712. In essence, God is a virtual file. Everything is interpretable without him. More rational and practical is the devil. It is not in the skies, but next to you, inside people, you know. The devil decides your current well-being and the future, not to mention that it is multifacieted, with millions of copies and endless options of making you miserable.

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713. The world has only three subjects: you, the state, and money. They can be cooperative, hostile, or even ignore each other. It all depends on you. But if you decide you are not a participant, blame yourself for your criminal neighbor, the human trash around, and the criminals of your government.

***

714. Any physical attack or operation that can cause the death of another person without medical intervention should be qualified as a deadly blow. And the perpetrator must be punished as a murderer. Because a victim saved by a good doctor and a victim "killed" by a bad one should not determine the guilt of a murderer.

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715. Rights, dignity, laws, and democracy are all established and imposed from the bottom up. From top to bottom, the formal results flow from what you have imposed – the formal law and order. If you don't control the steps you are responsible for, you will be punished on the next step, no matter where you are.

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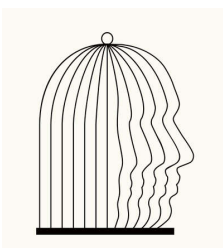
716. The hero deals with the enemy, the politician deals with his people. To win, the hero needs brains and open-minded courage. The politician uses manipulation, flexibility, ruthlessness, treachery, and anti-humanism.



The hero and the politician are antipodes. And those who try to combine the two must consider reality above pure magic.

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717. Formal human death and natural death hardly match. Sometimes a mismatch is a half-life, sometimes a life, and in the case of great heroes, it is thousands of years. That is why it is essential to distinguish the living from the dead and stay away from them. Life has to be lived with living people.

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718. The theory of the theater says that for performance, three factors are essential;
1-the actor
2-the stage
3-the herd behavior of the audience. All three factors are potent in the current world.

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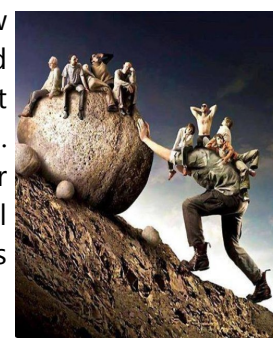
719. Let me know who your authority is, and I will tell you your weaknesses. Let me know who your opposition is, and I will tell you about your misfortunes. Let me know who your authority is, and I will tell you about yesterday's mistakes. Let me know who your opposition is, and I will tell you about today's mistakes.



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720. A person with a creative nature sees the new in his mind, sketches it on paper, produces it, brings it to the consumer, and puts it in their mouth. The consumer swallows it lazily and asks for a new, better, bigger, easier, nicer, and unseen one. Strangely, the lazy consumer's unclear demand is the engine of progress.

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721. Daily life with little money is supported by unqualified work. A decent life with good

money requires a smart brain, knowledge, and specialization. A lavish life with lots of money is full of lies, abuse, and cunning. Big money has no life in it and is based on cruelty, blackmail, and exploitation. Uncountable money is based only on blood, death, and war.

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722. I can learn something exciting from any 5-year-old because they are unique, self-sufficient, and have a non-contaminated brain. But I might be unable to pick out a new 20-year-old from a thousand because they all look alike. They have come out of a mold—identical, bloated, and molded with similar standards and perceptions. Again, I will have more to learn from my senior peers, who exceed me in unique experience and knowledge.

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723. Progress is an active, expansive process that has a sharp frontier. Only free-minded and courageous people are on this frontline, fighting the unknown, for the right over the wrong, for good over the bad, for humanity, the environment, ecology, and the planet over anti-ecological consumerism. Tensions and emotions are high on this line, while it is quiet and boring behind the line. Many people are on the front line in advanced

countries, while there is no such line in third-world countries.

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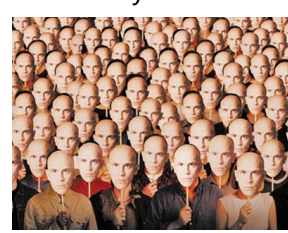
724. Truth is distinct and definite. There is no unknown, vague, or intrigue in it. It is impossible to use it for a lie, for falsely helping or deceiving people. Truth is knowledge, something dull and dead from the moment it is announced. Telling the truth requires courage and also immense effort to tolerate it. The truth is inconvenient for the majority because it interferes with the common lie and falsity. In a word, the truth is simplistic and frightening, especially when people around you are not creators but survivors.



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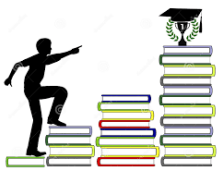
725. The 21st Century is unique among its predecessors – the destructive potential of individuals has grown tremendously. You can't do anything positive, but you can launch a rocket or drone and destroy the world; You can spy on incredible people and ruin the target country; You can deceive millions, bring them into quarrel, take power, and eventually turn their lives into misery. You can decide the fate of the world by deceit. The masses are too belittled and

deprived of real rights compared to the determined individual.

The Discipline of the Body: Personal Observations on Vitality

The following points are not medical prescriptions but reflections from my own life's journey. These are the practices I have tested on myself to maintain physical and mental clarity. I share them as part of my broader philosophy on self-discipline, though I advise every reader to consult with a professional before making changes to their health regimen.



•**Stomach Regulation:** I have found that consuming 100–200 grams of boiled cabbage daily can significantly stabilize and regulate chronic stomach discomfort.

•**Intestinal Health:** For maintaining a healthy gut, small portions (50–100 grams) of raw celery stalks are an effective natural regulator.

•**Managing Digestive Fluctuations:** Consistency is the foundation of health. To prevent **constipation**, including wheat bran in your meals or frequently consuming vegetable-based soups—such as traditional beet borscht—

can act as a natural preventive. In more persistent cases, the skins of green and red bell peppers are a potent remedy.

•Conversely, in cases of **mild diarrhea**, I have found that consuming pasta effectively helps to stabilize the system.

•**Dental Longevity:** To prevent tooth loss as you age, start a simple habit early: after brushing, spend thirty seconds gently massaging your gums with your fingers. This stimulates blood circulation and is essential for long-term dental health.

•**Skin and Inflammation:** For minor scratches or localized skin inflammations, I use a thin layer of indomethacin-based ointment (1%). It is highly effective when applied sparingly.

•**Joint Care:** For localized finger joint pain, hydrocortisone-based topicals can provide relief. However, use them only on limited surfaces and do not over-rely on them to avoid systemic side effects.

•**Nighttime Rest:** To reduce frequent nighttime urination common in older age, I have found that drinking tea made with dried basil every evening is remarkably effective.

•Cognitive Sobriety: To maintain mental sharpness after the age of 60 or 70, the best

exercise is the act of writing. Write down whatever you can—thoughts, memories, or analyses. Writing is the ultimate gym for the brain; it keeps the intellect disciplined and the spirit sobe

About myself

I was born in Yerevan, Armenia (then part of the Soviet Union). I am a biophysicist by profession. I can trace my mother's family history to the 1600s, when, in 1604, during the war between Iran and Turkey, Iran's Shah Abbas forcibly relocated the entire population of a vast area of Armenia to Persia for strategic reasons. During this forceful deportation to the eastern regions of Persia, tens of thousands died. In 1828, through treaties with Russia, the descendants of these people returned to present-day Armenia. My father's family resided in the historical Armenian territory under Turkish rule. They were subjected to the 1915 Genocide, during which my grandmother was killed, and my grandfather escaped to present-day Armenia with his sons. Still, the majority of the villagers they were living in were massacred.

Stalin's repressions of 1937 took the lives of my two uncles and got my father kicked out of the university.

I enjoyed a happy childhood as a baby boomer and a beloved son. I remember my boy-Pioneer and Komsomol-teenager years as an endless, beautiful, but irreversible dream. My adulthood was far from perfect, but full of life, intelligence, life-celebrating events, and anecdotes. All of that ended in 1985 when Gorbachev came to power in the USSR, and the destruction of that country began. Most Americans are unaware of the history of the Soviet Union's downfall.

1991-1993 were the worst years of my life, with no electricity, gas, transportation, or food. Practically everybody was starving. Deaths from starvation and unbearable cold were all around. In the spring of 1993, a massive housing complex with an elderly population near our home appeared mostly empty- people died in that harsh winter. In 1992, a huge exodus of Armenians from their homeland began. Once, my father said that these years were even worse than during World War II.

Also, a bitter war started with Azerbaijan, beginning in 1992, over a historically Armenian

territory. The war generated half a million Armenian refugees from Azerbaijan, and the number continues to rise. Armenia has lost its historic territories and the lives of tens of thousands of its sons. Now, the leaders of Turkish states are mulling a new war for the extinction of the Armenians and the country to build a new empire -Turan.

In 1999, I was lucky to receive an invitation to work as a scientist in the United States, arranged by my graduate student. With that, I became another link in the chain of Armenian emigration—a process lasting thousands of years for Armenians.

I retired as an adjunct research professor from George Washington University. I ended my scientific life by discovering the mechanism of blood return to the heart, an essential problem of blood circulation that remained unsolved for centuries, of which I am very proud.

https://journals.physiology.org/doi/full/10.1152/ajpheart.00058.2015

I also proposed two unique hypothesis of human evolution and a theory of the species' distinctiveness.

/www.academia.edu/71993873/

https://www.academia.edu/124582455/

It is only a short
trip, enjoy it.